



# EQ LEADERSHIP CERTIFICATION





SCIENTIFIC | GLOBAL | PRACTICAL

**Equip** your leaders  
with the **capability** to  
deliver the business  
outcomes you need,  
developed through a  
**people-centric** model  
of **performance**.





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# WHAT ARE THE KEY BENEFITS OF THIS PROGRAM?

There is a lot of information out there about leadership. Developing effective and balanced leaders is essential to growth and sustainability; and without it, achieving business outcomes will be an ongoing challenge, if not impossible. Our leadership program is designed to align with your unique and specific goals. We work with you to drive your organisation forward, building the essential skills to create positive change.



## **DEVELOP PEOPLE AND TEAMS**

Build a toolkit of strategies to empower others to achieve.



## **IMPROVE EMPLOYEE ENGAGEMENT AND COMPANY CULTURE**

Learn how to actively contribute to collaborative leadership within your business.



## **ENHANCE CREDIBILITY**

Understand and grow leadership capabilities and impact.



## **TACKLE REAL-WORLD PROBLEMS**

Collaboratively develop strategic solutions to current business challenges, goals or projects.

// Effectiveness  
// Influence  
// Decision-making  
// Mental balance  
// Physical health  
// Relationships  
// Quality of life



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## THIS COURSE IS FOR:

Senior leaders including c-suite, emerging leaders or those high-performers who already have some experience managing people and are wanting to further develop their core leadership competencies.



### **Springboard first time leaders**

Set up new leaders for success as they transition into their leadership role.



### **Fast track high potentials**

Prepare your future pipeline of leaders and retain high potential talent.



### **Retain and prepare critical successors**

Develop critical successors that are ready to take over key roles.

## WHAT IS THE PURPOSE?

Leadership development is a vital component of building an effective and sustainable organisation. Whether your focus is on team leaders or top execs, developing and sharpening leadership skills will result in a better work environment for everyone.

Here's what we can do together:

- **strengthen connection at the leadership level**
- **increase employee morale and retention**
- **improve productivity**
- **promote better decision-making**
- **build better teams**
- **train future leader**





“We changed from being reactive to an inclusive, strategic, revenue generating team.”

Rebecca Drakoulis | Former Manager Business Accounts & Operations  
Qantas Corporate Sales, Qantas Airways Limited

“One of the secrets to the success of this program is the emotional intelligence foundation.”

Tim Byrne | General Manager Projects & Infrastructure  
Zinfra



SIX SECONDS EQ LEADERSHIP CERTIFICATION





FOCUS ON

## emotional intelligence

The World Economic Forum has listed emotional intelligence as one of the top skills required for the 21st Century. It's no longer something that's "nice to have", rather it's a vital skill to support personal and professional success as we enter the Fourth Industrial Revolution, which will place automation and artificial intelligence at its centre.

The learnable, measurable, scientifically-grounded skills of emotional intelligence are transformational... but how do you get started? Six Seconds research-based training and coaching provides the answer and puts theory into practice.

**Emotional Intelligence means "being smart with emotions"**



## PROGRAM

# EQ Leadership Certification

This is the only course of its kind – ideal for anyone who wants to leverage emotional intelligence (EQ) in their personal and professional life.

The program is based on the latest neuroscience and provides participants with a model and language to unlock capacity to practice EQ, starting with themselves.

Participants will clarify personal goals and understand how EQ will support them to step forward. They'll learn a model exploring the dynamic interaction between thoughts, feelings and actions (TFA) and understand how to use this as a model to practice EQ.

During the program they'll be immersed in the Six Seconds' unique approach to create value with EQ and walk away ready to put learning into action.

Participants receive their personal Six Seconds UEQ profile & Survey of Emotional Intelligence (SEI) Leadership Report.



**Discover the power of your emotional intelligence and unlock emotional effectiveness in your organisation**



## PROGRAM

# COURSE DETAILS

**Delivery:** 3 or 4 day in-person workshop

**Duration:** 3-day x 8 hours or 4-day x 6 hours (24 hours in total)

**Participants:** min 12 - max 24

**Target Audience:** Mid-Senior Leaders, Directors, incl C-suite

**In advance:** Participants take the SEI questionnaire and receive their Leadership Report to review together with pre-course reading.

**During the workshop:** Participants explore their profiles through the lens of the latest neuro-leadership research, participating in a variety of interactive activities to foster the leadership skills essential to create positive change. There is opportunity to collaboratively apply learnings to tackle real-world and organisation-specific challenges.

“There are many EQ training programs but Six Seconds and its phenomenal trainers are the real thing. You will be personally and professionally transformed.”



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# WHAT MAKES SIX SECONDS STAND OUT?

## 01

### GLOBAL LEADERSHIP

Six Seconds is the world's largest network of emotional intelligence practitioners - in over 200 countries and territories.

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## 02

### SCIENTIFIC CREDIBILITY

Six Seconds publishes 8 validated assessments with robust psychometrics, practicality, and global relevance.

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## 03

### TRANSFORMATIONAL LEARNING METHODOLOGY

Six Seconds' approach creates value with emotional intelligence - see [6sec.org/cases](https://6sec.org/cases)



# develop capacity strengthen leadership energise teams

Organisations around the world partner with Six Seconds to build leadership capability, unlocking the people-side of performance and creating positive change.

**Business Case: [6sec.org/cases](https://6sec.org/cases)**

Improving leadership effectiveness | **FEDEX**

Strengthen collaboration & teamwork | **Siemens**

Increasing ability to lead change | **US Navy**

Managerial Effectiveness & Performance | **Amadori**

Team Climate for effective sales and client experience | **UCB**





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# THE COMPLETE EQ PACKAGE

Six Seconds delivers best-in-class assessment tools & certification courses. We publish books and products to help you extend your learning, with support from the global network of people putting emotional intelligence into action.

### 200+ countries

Six Seconds tools and materials are used around the world in workplaces

### 8 assessment tools

SEI assessment is normed, validated, with robust psychometrics, used by 350k+ people

### 40+ case studies

Six Seconds' library of proven results across many sectors

### 64 reports

With one measurement tool, you can generate a range of reports to show effectiveness



### 27 languages

Assessments and reports are translated in global languages

### 300+ hrs curriculum

In-person & virtual professional development training

### 16 certifications

Get certified in Six Seconds tools to measure and train EQ

### 120+ books & tools

Six Seconds is a publisher of books and tools for EQ



**What could happen if EMOTIONAL INTELLIGENCE became integral to your organisation?**

START THE CONVERSATION

# CONTACT US



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